

# **MODULE SPECIFICATION FORM**

| Module Title: Psychology in Action   |        |             | Level: | 4    | Credit Va | lue: | 20 |
|--|--------|-------------|--------|------|-----------|------|----|
| Module code:   | PSY405 | Cost Centre | : GAPS | JACS | 3 code:   | C800 | )  |
| Trimester(s) in which to be offered: 1 or 2 With effect from: September 2014 |        |             |        |      |           |      |    |

| Office use only:         | Date approved: | February 2014           |
|--------------------------|----------------|-------------------------|
| To be completed by AQSU: | Date revised:  | September 2014 (to      |
|                          |                | include Mktg programme) |
|                          | Version no:    | 2                       |

| Existing/New: | Existing | Title of module being replaced (if |
|---------------|----------|------------------------------------|
|               |          | any):                              |

| Originating Academic Department: | Psychology | Module Leader: | Phill de Prez |  |
|----------------------------------|------------|----------------|---------------|--|
|                                  |            |                |               |  |

| Module duration (total hours):      | 200<br>hours | Status: core/option/elective (identify programme where appropriate): | Core |
|-------------------------------------|--------------|--|------|
| Scheduled learning & teaching hours | 48           |  |      |
| Independent study hours             | 152          |  |      |

| Programme(s) in which to be offered:                                     | Pre-requisites per programme |
|--|------------------------------|
| BSc (Hons) Psychology<br>BSc (Hons) Marketing and Consumer<br>Psychology | (between levels): None       |

# **Module Aims:**

- To introduce students to the applications of psychology from the perspective of the lay consumer and the professional practitioner.
- To enable students to understand the importance of interpersonal dynamics.

### **Intended Learning Outcomes:**

At the end of this module, students will be able to:

- 1. Differentiate amongst a range of psychology professionals (KS6)
- 2. Discuss similarities and differences in the practice of psychology (KS1)
- 3. Identify and discuss development, scope, and methods of applied psychology (KS4, KS7)
- 4. Consider problems and solutions in the practice of applied psychology (KS5, KS8)
- 5. Describe interpersonal interactions (KS2, KS3, KS9)

### Key skills for employability

- 1. Written, oral and media communication skills
- 2. Leadership, team working and networking skills
- 3. Opportunity, creativity and problem solving skills
- 4. Information technology skills and digital literacy
- 5. Information management skills
- 6. Research skills
- 7. Intercultural and sustainability skills
- 8. Career management skills
- 9. Learning to learn (managing personal and professional development, self management)
- 10. Numeracy

#### **Assessment:**

- 1. A 20 minute group presentation giving a detailed account of the work of a specified type of professional psychologist;
- 2. An individual case study relating to a problem encountered by a professional psychologist.

| Assessment number | Learning<br>Outcomes<br>to be met | Type of assessment | Weighting | Duration<br>(if exam) | Word count<br>(or<br>equivalent if<br>appropriate) |
|-------------------|-----------------------------------|--------------------|-----------|-----------------------|--|
| 1                 | 1, 4, 5                           | Presentation       | 50%       | 20 mins               |  |
| 2                 | 2, 3                              | Case Study         | 50%       |                       | 2,000 words  |

#### **Learning and Teaching Strategies:**

This module will be delivered through a combination of tutor-led lectures; external professional psychology speakers; in-class discussion; directed study; and self-directed study. This will comprise of 12 x 2 hour lectures and 12 x 2 hour practicals.

# Syllabus outline:

- The role and functions of the British Psychological Society and the Health and Care Professions Council
- Codes of ethics and professional conduct for psychologists
- The role of psychology and psychologists in society
- The remit, methods, and theoretical underpinnings of a range of professional practitioners e.g. educational, occupational, clinical psychologists
- Informing client choice of professional services
- Non-verbal communication; the dynamics of interpersonal relationships

# **Bibliography:**

### **Essential reading:**

Sternberg, R. J. (2007). Career paths in psychology: Where your degree can take you. New York, NY: American Psychological Society.

#### Other indicative reading:

Bersoff, D. N. (2008). *Ethical conflicts in psychology*. New York, NY: American Psychological Association.

Berryman, J. C., Ockleford, E., & Howells, K. (2006). *Psychology and you: An informal introduction*. Oxford, UK: BPS Blackwell.

Corey, G. (2012). *The theory and practice of counselling and psychotherapy* (9<sup>th</sup> ed.). Belmont, CA: Brooks/Cole, Cengage Learning.

Tennant, M. (2006). Psychology and adult learning (3<sup>rd</sup> ed.). London, UK: Routledge.

#### Journals:

Journal of Occupational and Organizational Psychology

The Psychologist: Journal of The British Psychological Society

Therapy Today (was CPJ/ Counselling and Psychotherapy Journal)